

Burn Salve: Reconstruction Protocol

Ingredients:

100 ml linseed oil
25 ml beeswax
450 ml holy water, divided into approx 9 x 50ml

Equipment:

500 ml tempered glass beaker
Hot plate
Wooden chopsticks
250 ml (or greater) container
Spatula, glass pint jar with lid

Procedure:

1. Add the linseed oil to the 500 ml beaker and place on hotplate.
2. Gently heat oil until it is hot, but not yet simmering, and add solid beeswax.
3. When the wax has fully melted, turn off the heat and remove the beaker from the heat.
4. Wait until the mixture starts to congeal slightly and turns slightly opaque (approx 3-5 minutes).
5. Add approx 50 ml water, stirring with a chopstick while reciting 9 paternosters¹. Pour any remaining water into the 250 ml container.
6. Repeat the process of “washing” with fresh water for durations of 8, then 7, then 6, 5, 4, 3, 2, and 1 paternosters.
7. Use the spatula to transfer the salve to the lidded jar for storage.

¹ *Pater noster qui es in caelis
sanctificetur nomen tuum
adveniat regnum tuum
fiat voluntas tua sicut in caelo et in terra
Panem nostrum cotidianum da nobis hodie
et dimitte nobis debita nostra
sicut et nos dimittimus debitoribus nostris
et ne nos inducas in tentationem
sed libera nos a malo.*

<https://drive.google.com/drive/folders/1jiDf7swYk3ohtDxp3WXEvEsLpbKA1vNH>